



# CARDIOLOGY PATIENT & FAMILY SUPPORT GROUP MEETINGS

THURSDAY, SEPTEMBER 13, 2018

6 P.M. TO 8 P.M., DOCTORS' AUDITORIUM, DINNER SERVED

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Please join us at Kent Hospital for our cardiology patient support group that will focus on individuals with implantable cardioverter defibrillators (ICDs). **The support group is open to all patients with ICDs in Rhode Island along with members of their family.** Dinner and refreshments will be provided.

Kent's cardiology patient support group is designed to educate patients with ICDs and their family members on coping with these devices.

### Topics will include:

- Living with your device
- Managing your health
- What to expect from your device
- Maintaining a dialogue with your care team
- Exercise
- Much more

Bruce A. Koplan, MD, MPH, FACC, director of cardiac arrhythmia service at Kent Hospital and a member of Brigham and Women's Cardiovascular Associates at Kent, will speak at this meeting along with along with guest speaker Kathy Shilko, RD, LDN, CDOE, CDE, clinical nutrition counselor at the Care New England Wellness Center. *This support group is held twice a year.*

### Advanced registration is encouraged.

For more information or to register, please contact: The cardiology team at (401) 737-7010, x32880 or by email to [ktedeschi@kentri.org](mailto:ktedeschi@kentri.org).

To learn more visit, [CareNewEngland.Org/Cardiology](http://CareNewEngland.Org/Cardiology).



 KENT HOSPITAL  
AMBULATORY SURGERY CENTER, CARDIOLOGY  
455 TOLL GATE ROAD  
WARWICK, RI 02886